

The CCOR Newsletter

May & June 2024



National Nurses Week begins on May 6th, and ends on May 12th (Florence Nightingale's birthday). The American Nurses Association has declared the 2024 theme as "Nurses Make the Difference" to honor the incredible Nurses who "embody the spirit of compassion and care in every health care setting."

Here at CCOR, we are lucky enough to have six Nurses on our team! **Ashlee Powell, LPN** joined our team in April; **Bonnie Prouty, LPN** joined us in February; **Juan Carlos Anderson, RN** started with CCOR as a PCA and joined the Nursing team in December of 2023; **Shari Roland, RN** has been with the team since 2018; **Elaine Gebhard, RN** has been part of the CCOR family for nearly 15 years; and **Suzanne Russo, RN** started at CCOR in 2010 as an HCSS Supervisor, and in the fall of 2022, rejoined the team as our Director of Clinical Services.

We asked Suzanne, Director of Clinical Services, about a time when she remembers making a difference as a Nurse here at CCOR.

Let's see what she said...

We had an aide working a 24/7 case, who I had noticed was struggling a bit. I was the Director of Patient services at the time, so I called this aide to come meet with me to talk about her struggles.

During our conversation, I explained that as the senior aide on that case, I needed her to take a different approach with some of the younger aides she was working with. "Be the mom" I told her. "This is an opportunity to mentor the younger aides. You are a professional." With tears in her eyes, she said to me, "I'm a professional? No one has ever thought of me as a professional before!" I explained the opportunity she has to teach the younger aides' professionalism, and good work ethics. When she stood up to leave, she gave me a hug and said, "Miss Suzanne, I'm going to make you proud. Thank you for telling me I'm a professional. I'm going to act like it from now on! "

This aide still calls me occasionally to tell me how well she is doing and that I helped her change her life by helping her change her attitude. Making a difference as a nurse doesn't just mean making a difference in a patient or client's life but making a difference in the lives of coworkers and peers, too!

Spring Safety Tips



Test your smoke alarms and carbon monoxide detectors. Replace batteries if needed.

Spring is a great time to create or review an Emergency Plan. This will help you be prepared in case of a Natural Disaster.

Spring time means more people outside. Keep an eye out for pedestrians, bikes, and motorcycles.






If you are using pesticides and chemicals in your yard, be sure to wear protective clothing such as gloves and long sleeves.

Good weather means a good time to check air filters, pipes, and gutters at your home.

As temperatures rise, be sure to stay hydrated, apply sunscreen, and protect your eyes with sunglasses.

2024 FIRST QUARTER

CORE VALUE CHAMPIONS

- | | | | |
|---|----------------------|--------------------|---|
| 1 | EXTENDING THE FAMILY | Jennifer Licciardi |  |
| 2 | GET IT DONE | Brianna Bishop |  |
| 3 | LEAD WITH HEART | Linda Glaser |  |
| 4 | SOLVE THE PROBLEM | Steve Kraybill |  |
| 5 | LITTLE FUNNIES :) | Ellen Sadler |  |

Breast Cancer Coalition of Rochester

PINK AND TEAL CHALLENGE

The CCOR team cannot wait to once again take part in the Breast Cancer Coalition of Rochester's Pink and Teal Challenge!

Our company was born from the struggles of caring for a loved one battling breast cancer. Each year, we honor our beginnings by participating in the Pink and Teal Challenge.

Join the fight, or donate to our team. We'd love your support! We will walk as a team on **Saturday, May 11th at 9:30am at MCC.**



REGISTER HERE



DONATE HERE



CCOR in the community



In February, Shari Roland (CCOR RN), and Brenda Frankenberger (CCOR HHA) participated in the Polar Plunge to support the Special Olympics. Brrrrr!

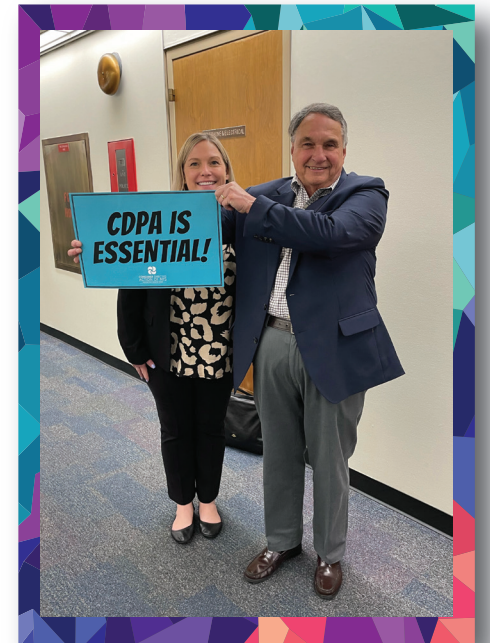
At the end of March, we sponsored and participated in an Easter Egg Hunt at The Addison of Park Crescent in Greece. Some CCOR staff and their kids enjoyed the seasonal fun!



In early April, we were recognized as a Rochester Top Workplace, coming in 2nd place in the Large Business Category. Our COO, Molly Dillon, was also recognized in the Leadership category. Thank you to the entire CCOR team for making us a Top Workplace!



On April 8th, we got to witness the Total Solar Eclipse as a team, and handed out Solar Eclipse kits to all of our employees and clients.



Angela Gioia (Director of CDPAP) and Al Gauvin (Chairman of the Board) in Albany speaking with elected officials regarding CDPAP.



Members of the CCOR Team at our Batavia office Open House. We are excited to be back in Batavia to serve those who need us!



Our most recent class of PCA graduates were a lively group! Pictured here having fun with Charlie (our training mannequin).



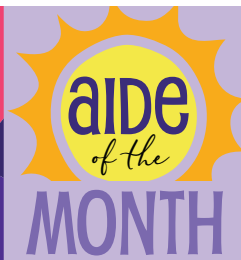
On April 11th, we celebrated our QA Generalist, Mike's birthday! Always great to see the team come together to celebrate each other.





AMY
STEEN

March
2024



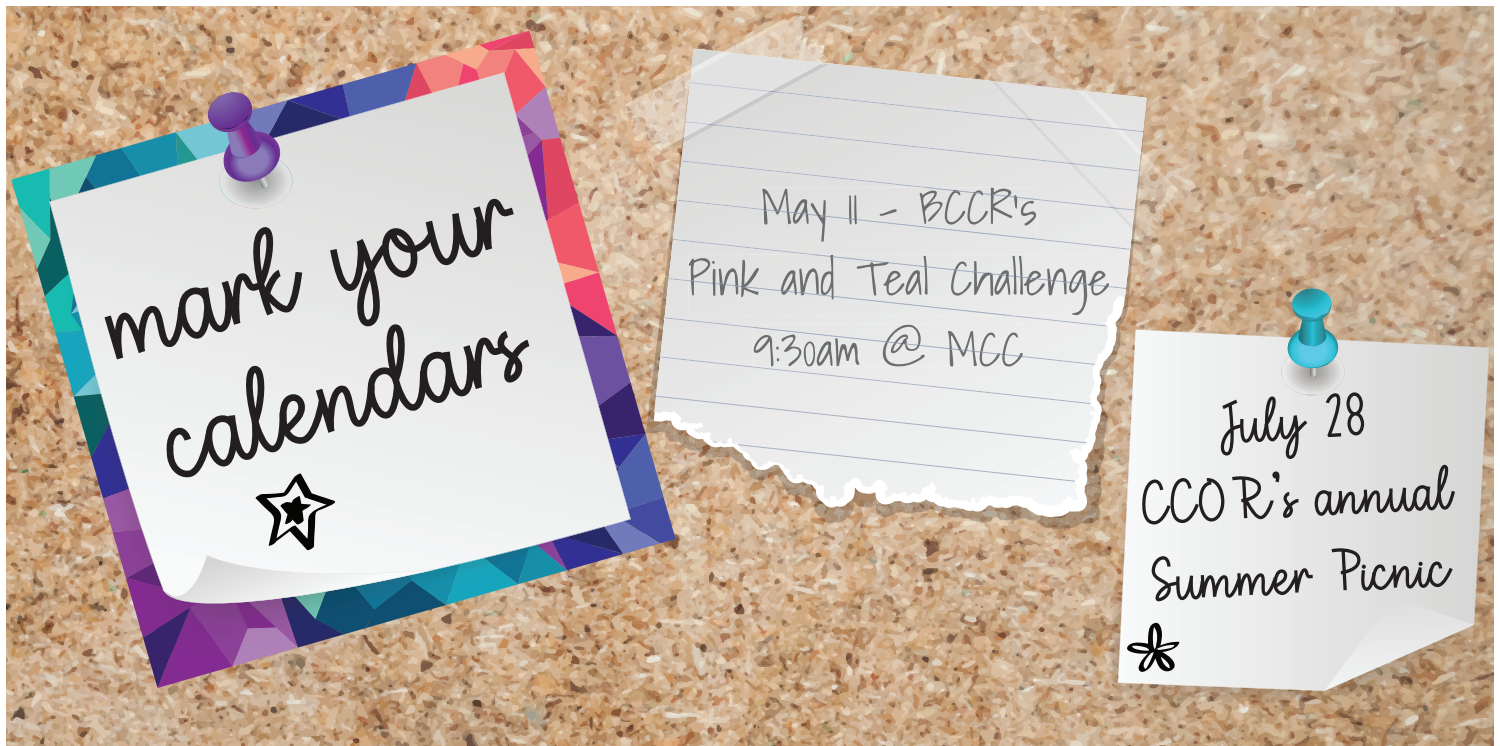
ELLA
YUMAS

April
2024



Self Care Ideas that WORK!

- ★ Make a to-do list
- ★ Visit a friend
- ★ Watch something uplifting or funny
- ★ Journal
- ★ 5-10 minutes of deep breathing
- ★ Guided meditation
- ★ Diffuse essential oils
- ★ Eat healthy
- ★ Play uplifting or calming music
- ★ Practice gratitude



Welcome to  CCOR

Alazay H, Alexis M, Aleya E, Amanda N, Ana C, Andrew G, Ashlee P, Ashley O, Ashley M, Ashya R, Bethany J, Bianca P, Brithney S, Budha K, Carmel L, Charlin S, Cheryl R, Conor C, Cynthia P, Danielle Q, Dearsa F, Denise J, Diane S, Dwayne C, Emma S, Enitzabell M, Erica W, Genevieve M, Gina W, Gisele Grace P, Gloria V, GraceAnn S, Jacob E, Jessica F, Johnna S, Joseph V, Joshua B, Journie J, Kathryn C, Khadijah G, Kiarra R, Kim F, Kim N, Laura H, Laura R, Liza T, Loretta J, Maddox F, Mahogane R, Maria C, Marianna P, Marshay S, Mary S, Melody H, Michelle O, Nikolay A, Noble C, Oksana B, Patricia M, Princess S, Quintara D, Ramona R, Raven R, Rebekah D, Robin D, Roman B, Rosalyne J, Samantha B, Sean C, Seven H, Shannon R, Shaonna M, Shaqueya C, Shayla B, Shelley U, Sonja M, Sophia L, Stacy L, Susan P, Tamica F, Tanner B, Tashauna B, Tek L, Thania C, Timothy F, Tomica D, Verdie W, Whitney C, Xiomari J, and Zackery F!

Do you know about the **Employee Referral Bonus?**

\$500

For **YOU** and the **Referred Employee!!!**

Contact the office for more information.

Stay up to date on all of our latest news, events, and more! Visit CCORhome.com, and follow us on social media!



 CCORhome

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HIPAA violations & fraud must be reported.

Our Compliance Officer is Dan Oonk:
844.546.1600 x1119



Anonymous Hotline: 585.546.1219