



For when you can't be there...

Newsletter

May 2015

Our mission is to offer a system of services that recognizes the dignity of the person and enhances the quality of life for both older adults and those with special needs.

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Celebrate National Nurses' Week

by Suzanne Ciulla, RN - Director of Patient Services

Each year, for a week in May, ending on Florence Nightingale's birthday, our nation takes note to thank all our nurses and the work they do each and every day.

The nursing profession has been supported and promoted by the American Nurses Association (ANA) since 1896. Each of ANA's state and territorial nurses associations promotes the nursing profession at the state and regional levels. Each conducts celebrations on these dates to recognize the contributions that nurses and nursing make to the community. The American Nurses Association's National Nurses Week 2015 theme and logo, "Ethical Practice.

Quality Care." is an important part of our 2015 Year of Ethics outreach created to promote and advocate for the rights, health and safety of nurses and patients. Join ANA in celebrating and acknowledging nurses during National Nurses Week and throughout the year.



Sincere thanks to Cherie Trabert, RN; Robyn Alvaro, RN; Lois Reddick, RN; Eileen Ludwig, RN; Karen Dey, RN; Christian Burger, RN; Latoya Stevenson, RN; Rachel McDowel, RN; Kristine Klafenn, LPN; Sandy Lyons-Jacskson, RN; and Heather Deuel, LPN!

Upcoming In-Services

Rochester • 5/28

Batavia • 5/26

Geneva • 5/27

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In-services start at 8:30 AM and you may ONLY attend by signing up with Kelly in HR BEFORE the class.

Compliance Issues MUST be reported!

Use our anonymous hotline:

585-546-1219

Florence Nightingale Pledge

This modified "Hippocratic Oath" was composed in 1893 by Mrs. Lystra E. Gretter and a Committee for the Farrand Training School for Nurses, Detroit, Michigan. It was called the Florence Nightingale Pledge as a token of esteem for the founder of modern nursing.

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



Follow us online:



Recruit for CCOR!

As employees of CCOR you are best referral! If you have a friend or family member looking to start their career in homecare, tell them about the great benefits of working at CCOR!

We offer tuition-free certification classes for PCAs. Applications are accepted Monday-Friday at any of our offices or apply online 24 hours a day!

Our current need is: Akron, Newstead, Lockport, Victor, Fairport, Macedon, Perinton, Honeoye Falls, Rush, Palmyra, Wayland, Naples, Mt. Morris, Geneseo, Dansville & Greece

Reminders!

- **Timesheets are due SATURDAY @ 12PM**
- Call-offs must be at least 6 hours before the shift
- Make sure you speak to a person when you call off a shift
- Call weekly to verify your schedule
- All requests for changes must be called in to scheduling
- The on-call line is for **EMERGENCIES** only
- Time-off requests for any "holiday" are required one month before and are first come/first served
- CCOR administrative offices will be closed Monday, May 25

Memorial Day: Historically New York

USMemorialDay.org

Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in service of the United States of America. Over two dozen cities and towns claim to be the birthplace of Memorial Day. While Waterloo N.Y. was officially declared the birthplace of Memorial Day by President Lyndon Johnson in May 1966, it's difficult to prove conclusively the origins of the day.

The first state to officially recognize the holiday was New York in 1873. By 1890 it was recognized by all of the northern states. It is



now observed in almost every state on the last Monday in May with Congressional passage of the National Holiday Act of 1971.

The "National Moment of Remembrance" resolution was passed on Dec 2000 which asks that at 3 p.m. local time, for all Americans "To voluntarily and informally observe in their own way a Moment of remembrance and respect, pausing from whatever they are doing for a moment of silence or listening to 'Taps.'"

Shout Out!

- ★ **WELCOME:** Shannon Robare - Temp Office Coordinator at Clinton Ave office; Julie Rodriguez - On-Call Scheduler
- ★ **Ajane Hill:** Being a dependable aide, going to difficult cases and cases that require travel without complaint or expectation of compensation
- ★ **Schedulers** (Denise Ester, Soly Flores, Lorretta Russell, Julie Rodriguez): Thank you for your hard work and being stupendous schedulers!

Recipe Corner

Easy Barbecue Chicken Bake

by Shelly Larkins - Director of Waiver Services

Ingredients

- 3-4 boneless skinless chicken breasts
- 4-6 tablespoons barbecue sauce
- 1/2 large yellow onion, sliced
- 4 oz sharp cheddar cheese

Directions

1. Place the chicken breasts in a single layer across the bottom of a glass baking dish sprayed with non stick spray.
2. Spread barbecue sauce on the top of each chicken breast.
3. Sprinkle the onions evenly over the top of the chicken breasts then top with cheese.
4. Bake in an oven preheated to 350°F for 40-50 minutes or until the juices run clear and the center is no longer pink.
5. Serve hot over rice or greens.
6. Enjoy!



Do you have a great recipe to share? Send to info@ccorhome.com!

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