



Newsletter

October/November 2016

— We enrich lives, providing peace of mind through trusted, family care —

In This Issue

A Story.....

•
Sign on Bonus!

•
Thanksgiving Raffle

•
Shout-Outs and Welcomes

•
Recipe Corner

Open Enrollment for Health Insurance!

11/16 • 1:00 PM

11/18 • 9:00 AM

Insurance brokers will be onsite at Carlson at the dates and times above. The Satellite Offices can attend the meetings remotely!

Who will be there?

- Excellus for medical
- Guardian for Dental and Vision
- Colonial for Third Party Insurance

Compliance Issues **MUST be reported!**

Anonymous hotline:

585-546-1219

A story for the Holidays.....

by Norene Ryan

A 94 year old lady named Sheila, sad and depressed about needing care, told me “my daughter wanted someone to come help, but I think I might cancel it.”

Staff came in to work with her and the beginning was tough. Jaylin started care and did her best to make Sheila happy and to find something that interested her, but at first she was very hesitant.

Sheila used to love to sew and still had her sewing machines around the house. Jaylin discovered that Sheila had made several quilts for her family years ago, but hadn't done much in a while. Jaylin asked about the quilts and Sheila showed Jaylin excitedly. Jaylin suggested that they use up Sheila's fabric and make a small quilt together. With Jaylin's help



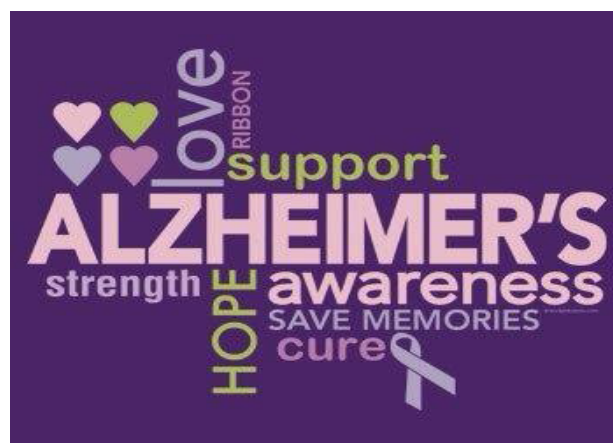
and encouragement, Sheila and Jaylin made the lovely quilt you see above.

Together they brought it over to our Geneva Office to show everyone; Sheila was so proud of it.

They have a very easy relationship now. Sheila looks forward to Jaylin's “visits” and they work together beautifully to do what needs to be done to keep Sheila at home, safely. Just one small example of the things we do to keep people home and happy.

Go Purple with a Purpose!

President Ronald Reagan designated November as National Alzheimer's Disease Awareness Month in 1983. At the time, fewer than 2 million Americans had Alzheimer's; today, the number of people with the disease has soared to nearly 5.4 million. Get involved this month, and help raise awareness for Alzheimer's disease.



SIGN ON BONUS!

CCOR is now offering a sign on bonus for all new hires!

The company will pay new staff a \$500 sign on bonus if the following criteria is met:

- ☑ Must be a Field Staff employee working as an HHA, PCA, or Companion
- ☑ Must work 100 hours per month in each of their first 4 months of employment for a total of 400 hours over the consecutive 4 months
- ☑ Must honor and keep the weekend commitment.
- ☑ Must not No Call/No Show during this period

Reminders!

- **Timesheets are due SATURDAY @ 12PM**
- Call-offs must be at least 6 hours before the shift
- Make sure you speak to a person when you call off a shift
- Call weekly to verify your schedule
- All requests for changes must be called in to scheduling
- The on-call line is for **EMERGENCIES** only
- Time-off requests for any "holiday" are required one month before and are first come/first served
- Don't forget to get your flu shot! The flu season is upon us and DOH regulations are still in effect!
- Administrative offices will be closed Thursday 11/24 & Friday 11/25 for Thanksgiving.



Recipe Corner

Creamy Garlic Mashed Potatoes Alton Brown

Ingredients

- 3 1/2 pounds russet potatoes
- 2 tablespoons kosher salt
- 16 fluid ounces (2 cups) half-and-half
- 6 cloves garlic, crushed
- 6 ounces grated parmesan
- 1 bundle of fresh chives

Directions:

Peel and dice potatoes, making sure all are about the same size. Place in a large pot, add the salt, and cover with water. Bring to a boil over medium-high heat and then reduce heat to maintain a rolling boil. Cook until potatoes fall apart if poked by a fork.

Heat the half-and-half and the garlic in a medium saucepan over medium heat until simmering. Remove from heat and set aside.

Remove the potatoes from the heat and drain off the water. Mash and add the garlic-cream mixture and Parmesan; stir to combine. Dice chive tops and stir in, sprinkle remainder on top. Let stand for 5 minutes so that mixture thickens and then serve.

Shout Out & Welcome!

- ★ **Welcome, Morgan!** Morgan Rickerson joins the Q.A./ Compliance Team in Rochester.
- ★ **Welcome, Peggy!** Peggy Heerkens joins the Administrative Team in Rochester
- ★ **Welcome, Michael!** Michael Emmons joins our Care Management Rochester.
- ★ **Congratulations to Margarita Figueroa and Iris Rios** both of whom are joining our Administrative Team!
- ★ **Laura Forero** has accepted a position with the HR Team!

If you see any of these people around be sure to congratulate them!